Jürgen Barth, PhD  
Research Director  
Institute for Complementary and Integrative Medicine  
University Hospital Zurich, Switzerland

Remy R. Cagneyaux, MD, PhD  
Caryl J. Guh, MD Chair in Integrative Medicine Professor  
Family and Community Medicine Director Center for Integrative Medicine Wake Forest School of Medicine, Winston-Salem, USA

Robert Davis, MS, LAc  
Clinician, Acupuncturist  
Acupuncture Vermont Oriental Medical Clinic, South Burlington, USA  
University of Vermont Medical Center, USA

Johannes Flackenstein, MD  
Interim Professor of Sports Medicine, Justus-Liebig-University Giessen, Department of Sports Medicine and Exercise Physiology, Germany

Richard Harris, PhD  
Associate Professor  
Department of Anaesthesia  
Department of Internal Medicine  
Division of Rheumatology  
University of Michigan, Ann Arbor, USA

Klaus Linde, MD  
Associate Professor of Epidemiology  
Institute of General Practice  
Technical University of Munich, Germany

Helene Langevin, MD, LAc  
Professor of Medicine and Director  
Other Center for Integrative Medicine  
Bingham and Women’s Hospital  
Harvard Medical School, USA

Jun J. Mao, MD, MSCE  
Laurence S. Rockefeller Chair in Integrative Medicine  
Chair, Integrative Medicine Service  
Memorial Sloan Kettering Cancer Center, New York, USA

Vitaly Napadow, PhD, LAc  
Director, Center for Integrative Pain  
Neuroimaging (CIPN)  
Associate Professor, Martinsville Center for Biomedical Imaging  
Massachusetts General Hospital, Harvard Medical School, Charlestown, USA

Daniel Pach, MD  
Researcher  
Institute for Social Medicine, Epidemiology and Health Economics  
Charité – Universitätsmedizin Berlin, Germany

Hugh MacPherson, MD  
Professor of Acupuncture Research  
Department of Health Sciences  
University of York, UK

Rosa N. Scheyer, DADM, IFMCP, LAc  
Clinical Assistant Professor  
School of Nursing, Austin, USA

Claudia Witt, MD, MBA  
Professor of Medicine  
Director Institute for Complementary and Integrative Medicine  
University Hospital Zurich, Switzerland

Information

When  
Thursday, 18.10.2018  
10.00 – 17.30 h

Registration and Contact  
Institute for Complementary and Integrative Medicine  
Christine Lakits  
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+41 44 255 23 96

Scientific  
University Hospital Zurich  
Institute for Complementary and Integrative Medicine

Costs  
The participation is free of charge

Credits  
6 ASA credits

Follow University Hospital Zurich

Location  
University Hospital Zurich  
Nord 1 C307  
Frauenklinikstrasse 10  
8091 Zürich

How to get there  
Trams 6, 9, 10 until ETH/Univ Hospital
Dear colleagues and friends,

It is our great pleasure to invite you to our 6th International Scientific Symposium at the Institute for Complementary and Integrative Medicine. This year’s symposium will focus on acupuncture research. Acupuncture treatment is widely available in Switzerland and depending on the type of provider treatments can be reimbursed within the basic insurance or additional insurances. Evidence plays a key role, when it comes to integration of complementary medicine treatments into usual medical care.

At this year’s Symposium “Acupuncture Update: Mechanism and Clinical Evidence” international renowned experts from the United States, United Kingdom, Germany and Switzerland will provide an update on recent research results on mechanism and clinical evidence of acupuncture.

We very much look forward seeing you!

Claudia Witt, MD, MBA
Director

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<tr>
<td>10.00 h</td>
<td>Opening remarks</td>
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<tr>
<td>10.10 h</td>
<td>Integration</td>
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<tr>
<td>10.10 h</td>
<td>Acupuncture in Switzerland: A health service perspective</td>
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<td>Jürgen Barth, PhD, Switzerland</td>
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<tr>
<td>10.35 h</td>
<td>Acupuncture services into conventional academic and military centers in the US</td>
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<td>Remy Coeytaux, MD, PhD, USA</td>
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<td>11.00 h</td>
<td>Beyond efficacy: conducting and translating research for policy-makers considering acupuncture reimbursement in a small, rural US state</td>
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<td>Robert Davis, MS, USA</td>
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<td>11.25 h</td>
<td>Cost-effectiveness of acupuncture</td>
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<td>Claudia Witt, MD, MBA, Switzerland</td>
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<tr>
<td>11.50 h</td>
<td>Lunch break</td>
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<tr>
<td>13.15 h</td>
<td>Pain</td>
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<tr>
<td>13.40 h</td>
<td>Distant effects of acupuncture on connective tissue</td>
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<td>Helene Langevin, MD, LAc, USA</td>
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<td>14.05 h</td>
<td>Role of neuroimaging to assess acupuncture-induced neuroplasticity in pain relief</td>
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<td>Vitaly Napadow, PhD, LAc, USA</td>
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<td>14.30 h</td>
<td>The impact of acupuncture and related techniques on the autonomic nervous system</td>
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<td>Johannes Fleckenstein, MD, Switzerland</td>
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<td>14.55 h</td>
<td>Coffee break</td>
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<tr>
<td>15.25 h</td>
<td>Cancer, multiple sclerosis, depression and gulf war illness</td>
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<td>Jun J. Mao, MD, MSCE, USA</td>
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<td>15.50 h</td>
<td>Self-acupressure for cancer related fatigue</td>
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<td>Richard Harris, PhD, USA</td>
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<tr>
<td>16.15 h</td>
<td>Acupuncture for fatigue in multiple sclerosis patients</td>
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<td>Daniel Pach, MD, Germany</td>
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<td>16.50 h</td>
<td>Acupuncture for depression</td>
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<td>Hugh MacPherson, MD, UK</td>
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<td>17.05 h</td>
<td>Acupuncture in the management of symptoms of gulf war illness among veterans</td>
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<td>Rosa Schnyer, DAKOM, IFMCP, LAc, USA</td>
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<tr>
<td>17.30 h</td>
<td>Closing remarks</td>
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