

## Speakers

### Jürgen Barth, PhD

Research Director  
Institute for Complementary and Integrative Medicine  
UniversityHospital Zurich, Switzerland

### Remy R. Coeytaux, MD, PhD

Caryl J Guth, MD Chair in Integrative Medicine Professor  
Family and Community Medicine Director  
Center for Integrative Medicine Wake Forest School of Medicine, Winston-Salem, USA

### Robert Davis, MS, LAc

Clinician, Acupuncturist  
Acupuncture Vermont Oriental Medical Clinic, South Burlington, USA  
University of Vermont Medical Center, USA

### Johannes Fleckenstein, MD

Interim Professor of Sports Medicine, Justus-Liebig-University Giessen, Department of Sports Medicine and Exercise Physiology, Germany

### Richard Harris, PhD

Associate Professor  
Department of Anaesthesiology  
Department of Internal Medicine  
Division of Rheumatology  
University of Michigan, Ann Arbor, USA

### Klaus Linde, MD

Associate Professor of Epidemiology  
Institute of General Practice  
Technical University of Munich, Germany

### Helene Langevin, MD, LAc

Professor of Medicine and Director  
Osher Center for Integrative Medicine  
Brigham and Women's Hospital  
Harvard Medical School, USA

### Jun J. Mao, MD, MSCE

Laurance S. Rockefeller Chair in Integrative Medicine  
Chief, Integrative Medicine Service  
Memorial Sloan Kettering Cancer Center, New York, USA

### Vitaly Napadow, PhD, LAc

Director, Center for Integrative Pain Neuroimaging (CiPNI)  
Associate Professor, Martinos Center for Biomedical Imaging  
Massachusetts General Hospital, Harvard Medical School, Charlestown, USA

### Daniel Pach, MD

Researcher  
Institute for Social Medicine, Epidemiology and Health Economics  
Charité – Universitätsmedizin Berlin, Germany

### Hugh MacPherson, MD

Professor of Acupuncture Research  
Department of Health Sciences  
University of York, UK

### Rosa N Schnyer, DAOM, IFMCP, LAc

Clinical Assistant Professor  
School of Nursing, Austin, USA

### Claudia Witt, MD, MBA

Professor of Medicine  
Director Institute for Complementary and Integrative Medicine  
UniversityHospital Zurich, Switzerland

## Information

### When

Thursday, 18.10.2018  
10.00–17.30 h

### Registration and Contact

Institute for Complementary and Integrative Medicine  
Christine Lakits  
christine.lakits@usz.ch  
+41 44 255 23 96

### Scientific

UniversityHospital Zurich  
Institute for Complementary and Integrative Medicine

### Costs

The participation is free of charge

### Credits

6 ASA credits

### Follow UniversityHospital Zurich

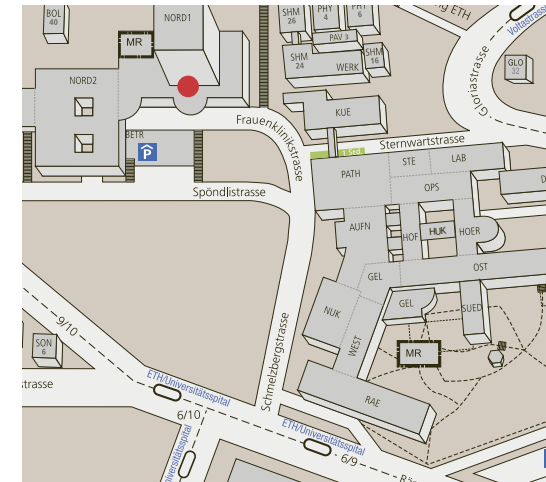


### Location

UniversityHospital Zurich  
Nord 1 C307  
Frauenklinikstrasse 10  
8091 Zürich

### How to get there

Trams 6, 9, 10 until  
ETH/Universitätsspital



Institute for Complementary and Integrative Medicine

6th International Symposium  
Acupuncture Update: Mechanism and Clinical Evidence

Thursday, 18. October 2018  
10.00–17.30 Uhr  
Nord 1 C307  
UniversityHospital Zurich



## Welcome

Dear colleagues and friends,

It is our great pleasure to invite you to our 6th International Scientific Symposium at the Institute for Complementary and Integrative Medicine.

This year's symposium will focus on acupuncture research. Acupuncture treatment is widely available in Switzerland and depending on the type of provider treatments can be reimbursed within the basic insurance or additional insurances. Evidence plays a key role, when it comes to integration of complementary medicine treatments into usual medical care.

At this year's Symposium "Acupuncture Update: Mechanism and Clinical Evidence" international renowned experts from the United States, United Kingdom, Germany and Switzerland will provide an update on recent research results on mechanism and clinical evidence of acupuncture.

We very much look forward seeing you!



Claudia Witt, MD, MBA  
Director

## Program

- 10.00 h**    **Opening remarks**
- 10.10 h**    **Integration**  
**Acupuncture in Switzerland: A health service perspective**  
Jürgen Barth, PhD, Switzerland
- 10.35 h**    **Acupuncture services into conventional academic and military centers in the US**  
Remy Coeytaux, MD, PhD, USA
- 11.00 h**    **Beyond efficacy: conducting and translating research for policy-makers considering acupuncture reimbursement in a small, rural US state**  
Robert Davis, MS, USA
- 11.25 h**    **Cost-effectiveness of acupuncture**  
Claudia Witt, MD, MBA, Switzerland
- 11.50 h**    **Lunch break**
- 13.15 h**    **Pain**  
**Distant effects of acupuncture on connective tissue**  
Helene Langevin, MD, LAc, USA
- 13.40 h**    **Acupuncture for chronic pain – update of a patient level data meta-analysis**  
Klaus Linde, MD, Germany
- 14.05 h**    **Role of neuroimaging to assess acupuncture-induced neuroplasticity in pain relief**  
Vitaly Napadow, PhD, LAc, USA
- 14.30 h**    **The impact of acupuncture and related techniques on the autonomic nervous system**  
Johannes Fleckenstein, MD, Switzerland
- 14.55 h**    **Coffee break**

## Program

- 15.25 h**    **Cancer, multiple sclerosis, depression and gulf war illness**  
**Acupuncture in cancer care**  
Jun J. Mao, MD, MSCE, USA
- 15.50 h**    **Self-acupressure for cancer related fatigue**  
Richard Harris, PhD, USA
- 16.15 h**    **Acupuncture for fatigue in multiple sclerosis patients**  
Daniel Pach, MD, Germany
- 16.50 h**    **Acupuncture for depression**  
Hugh MacPherson, MD, UK
- 17.05 h**    **Acupuncture in the management of symptoms of gulf war illness among veterans**  
Rosa Schnyer, DAOM, IFMCP, LAc, USA
- 17.30 h**    **Closing remarks**  
Claudia Witt, MD, MBA, Switzerland